

Our Kairos ...

“At Kairos, I stayed off drink and drugs for more than a few weeks for the first time and I became open, honest and willing for the first time in my life. I haven't looked back since. Life in recovery isn't always easy but it's better than any bad day I had in addiction.”

“The past 14 months have been a challenge and experience that in the past I would have thought impossible. With the help you have given me, I know that my future can also be as good as my time with you all.”

“When I returned to London after 20 years, I went to live with my brother but he asked me to leave because of my drinking and my behaviour. I was homeless – and I thought it was all over. But today my life is back on track and has never been better. Kairos has given me a second chance and I've been living in a move-on house for 18 months. I start a college course next week, my health is good and I'm very contented and very grateful.”

“I'd started drinking at 14 and taking drugs at 17. But when I came to Kairos, I knew the game was up. Now, I'm sober and clean and I live in a move-on house. I don't have to worry about where the next drink or drug is coming from or who is knocking at the door.”

The Kairos pathways will lead you from active addiction, through detox and rehab, to supported housing and onwards to independent living

About Kairos Community Trust

The story of Kairos began in 1991, with the vision and commitment of Father John Kitchen and Tony Walsh and one semi-derelict property.

Today, Kairos Community Trust is a registered charity with 36 staff, more than 25 volunteers and 225 residents and clients – a thriving community of men and women recovering from lives of addiction and homelessness in our rehabs and 29 move-on houses across six London boroughs (Brent, Lambeth, Lewisham, Merton, Southwark and Wandsworth).

Kairos has strong links with the local community and other organisations, including the Hepatology Unit at King's College Hospital and Veteran's Aid. We support continued training for staff and volunteers, and also take part in training new counsellors.

Our governing body is a trust and Kairos is managed and monitored by the trustees, who are independent volunteers from a wide range of professions in the community.

Why are we called Kairos?

Kairos is one of the Greek words for 'time' and at Kairos Community Trust, we understand it as the right time for change.

Registered charity No.1117763

KAIROS
COMMUNITY TRUST



Home to recovery for over 25 years

At Kairos Community Trust we are dedicated to helping homeless men and women with drug and alcohol problems.

We do this through our detox and rehab programmes and our network of 29 supported move-on houses, most of which are in south London.

Addiction and homelessness are twin problems, and we believe that the journey to recovery from drugs and alcohol begins in a safe, secure environment

For information about all Kairos services

020 8677 7292

www.kairoscommunity.org.uk

Our aim at Kairos Community Trust is to find the best pathway to recovery for each individual

Kairos provides four treatment services, plus a large network of supported sober-living move-on houses. At every stage, we help clients, referrers and care managers to decide what is the right service or combination of services that will be the best pathway to recovery for the individual.

How to apply

Kairos Community Trust accepts applications for all its services from men and women aged 18 to 65, regardless of their nationality, colour, religion, class, disability, sexual orientation, marital status. However, Kairos Community Trust does not accept applications from people with a history of arson or who are on the sex offenders' register.

Eligibility and admission procedures across our services vary – full details are given on our website for each service. However, in the first instance, to help you decide which service you need, please phone the main office number, below.



020 8677 7292
www.kairoscommunity.org.uk

KAIROS treatment services & pathways

